

WALLINGTON P.S. NEWSLETTER

Principal: Leigh McLaren School Council Pres: James Watson



10th October 2013



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DIARY DATES



Mon 14th—18th October	Bandanna Week
Fri 18th October	Children's Fair
Fri 18th October	Parents & Friends Meeting 3.30 pm
Wed 23rd October	Geelong Cup Public Holiday
Mon 28th - 30th October	Grade 5 and 6 Camp
Thurs 31st October	School Council Meeting
Thurs 7th, 14th, 21st Nov	Prep Orientation

PRINCIPAL NEWS

Welcome back to term 4. We say that each term is busy but I think this one is more so as we have to prepare for 2014. I would like to thank everyone for making Craig feel so welcome at Wallington. I met with Craig over the holidays and he was just full of praise for Wallington.

Extra-Curricular Activities

Active After School Program commences next Monday with Lincoln Beckworth. This term we are doing cricket and softball skills. Enrolment forms are available at the office.

Chess. There will be no chess this term as Phil is unavailable. It will recommence in 2014. Congratulations to Sarah Harris (Best and Fairest Player term 3). The Silver Grasshopper award goes to Max Bluml and the Bronze award goes to Hugh Harris. Well done.

Enrolments

Currently we have 28 enrolments in Preps. If anyone is aware of other families that intend to enrol I would appreciate if you could let us know so we can plan for 2014. Also if any families are moving for next year can you please also let me know.

Strawberry Fair

The next meeting of the Strawberry Fair will be on Thursday 17th October in the staffroom at 7:00pm. We need to continue with the organisation of our 30th Fair. We are asking for sugar again. Any donations can be left at the office.

Toucan Appeal

The Geelong Food Bank is seeking donations of foodstuff. We participate in this appeal each year. A box is in the Foyer for any donations.

Children's Fair

The Annual Children's Fair will be held on Friday 18th October. Each grade runs a stall and the children are given the opportunity to go around and visit the other stalls. Stalls include mud cones, photo booth, white elephant, teacher sponge throw, ball machine catch, etc. The money raised goes to our World Vision sponsored child – Jacklyn Annan.

Grounds Person

Alan Clark our grounds person has finished up with us, unfortunately. He and his wife are going to enjoy retirement. I would like to publically thank Alan for the work around the school. In the time here he has kept the school in tip top condition and he will be

missed. He is currently away, but on his return the school will put on a morning tea for him so that we can acknowledge the contribution he has made.

So, I am on the lookout for someone to take over. If anyone knows of someone who would like to volunteer can you please let us know.

What is Cyber bullying?

Cyber bullying is threatening, lying about, stalking or otherwise harassing a person online or via other electronic communication devices like a cell phone.

It is becoming a bigger problem as more and more people spend time on the Internet. There are a number of behaviours that are considered cyber bullying, including:

- ☑ Sending harassing messages
- ☑ Impersonating another person and gaining trust
- ☑ Posting someone else's personal information
- ☑ Posting false or unsavoury information about another person
- ☑ Posting private or doctored pictures about another person
- ☑ Using the Internet to encourage others to bully the victim



How to Prevent Your Child from Being Victimized

Be your child's support system. The biggest way to prevent your child from being a victim is to keep the lines of communication open. The means walking a fine line between a concerned caregiver and an overprotective parent. Your child needs to feel that he or she can come to you without negative repercussions. If they are afraid you'll ban them from the Internet or keep them from going out with friends, they will not confide in you. It also means listening carefully and avoiding the tendency to trivialize what they are experiencing. It may not seem like a big deal to an adult that the most popular kids in school made fun of your child's hair or clothes, but it can be a serious blow to the self-esteem of a child or teen.

Be firm. Set rules regarding when and how long your child can be online. Accessing the Internet is akin to inviting someone into your home, so you may choose to only allow Web time when you're at home. Use Internet filters, timers, and whatever else you need to do to protect your child.

Know the danger signs. Your child may become more withdrawn or moody. They may spend more time online, or may refuse to use the computer altogether. They may cut off ties with friends. If your child gives any indication that they are being bullied on or offline, take it seriously.

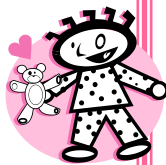
Educate. Teach your child what to do in cases where they feel threatened or bullied. They should ignore the offender and contact an adult immediately. They should never engage with the person who is threatening them as that is only encouragement for the behaviours to continue. As an adult, if you feel threatened by someone online, contact the police just to be safe. You can also use built-in measures on certain websites, such as ignoring or reporting someone else.



Woorabinda Camp - payment of \$175 for the camp must be paid no later than 17 October.

SCHOOL NEWS

The annual Children's Fair will be held next Friday (18 Oct). P-2s would love donations for the White Elephant stall. Any preloved books and toys in good condition can be brought to the 1/2 portables before the fair.



Desperately seeking.....

someone to transport 15 cartons of jam and sauce jars + lids from preston in the next week or so.
These are for strawberry fair and need to be picked up if possible as the freight is too expensive to Geelong.
They aren't heavy to pick up or transport in the boot/backseat of a car and they are well packaged so travel well (i.e haven't had a breakage yet)
Pick up is between 8am and 4pm Mon-Fri only
Please let either Leigh McLaren or Jen (Bayley Herbert's mum 3/4L) know if you are able to help out.

SUGAR...SUGAR...SUGAR...SUGAR

- We aim for approximately 65kgs of white sugar (packets unopened) each year.
- This is for the various jams we make for strawberry fair. Any donations gratefully accepted.
- We currently have 5kgs.....



COMMUNITY NOTICES

Parents & Friends Meeting Fri 18th October at 3.30 pm hope to see everyone there. All welcome.

Meagan Burch Music Tuition

FREE TRIAL

- 1 free Piano, keyboard, Guitar, Drum or Singing Lesson

During &/or After School Hours at School

Offer only available in October. To enrol in **our trial, or for more information** please contact

Meagan: mbmt@bigpond.com

Providing Music Lessons in local schools since 1985.

So Long Surfside Kindergarten

This year marks the 26th anniversary of Surfside Kindergarten and it is also the year we say good bye to the long standing institution. A group of current and past parents have formed the Friends of Surfside Kindergarten and will celebrate over the weekend of 26th & 27th October. An over 18 Cocktail party at the Ocean Grove Cricket Club on Saturday 26th October will be followed by a family Open Day at the kindergarten on Sunday 27th.

Tickets for the cocktail party are available at Surfside primary school and Hayden Real Estate in the Terrace Ocean Grove. They will also be available on line – go to the "Friends of Surfside Kindergarten" Facebook page or SMS 0417531718.

The Open Day at the kindergarten will have music, activities and displays of old and new, so it is hoped that as many past students and parents and friends as possible will attend and take part. The Ocean Grove CFA will be conducting a sausage sizzle and a coffee van will also be on hand. We look forward to seeing everyone there to celebrate and say "So Long Surfside Kindergarten".

Kath Beaman,
on behalf of "The Friends of Surfside Kindergarten Committee"

SURFSIDE KINDERGARTEN



OCEAN GROVE

COMMUNITY NOTICES

Talking About Childhood Asthma Live From The Airways

Presented by The Asthma Foundation of Victoria and Royal Children's Hospital

Sunday 27th October 2013 4pm - 6pm FREE!

Ella Latham Auditorium, Ground Floor,
Royal Children's Hospital, Melbourne

Ask questions, gain advice on: medications, diagnosis and asthma management from top Respiratory Specialists:

A/Prof Sarath Ranganathan

Prof Colin Robertson

Dr Jo Harrison

Light refreshments will be served and tickets are limited, therefore registrations are essential.

Attend the event at the Royal Children's Hospital OR watch the LIVE Webcast online. Register at www.asthma.org.au or call 1800 ASTHMA (1800 278 462)

Air Pollution and Asthma

School age students and young children with asthma can often have breathing difficulties when exposed to air pollution. Air pollution can occur:

Outdoors – smog (made up of nitrogen oxides and ozone), bushfires, cigarette smoke.

Indoors – formaldehydes/resins (some building materials), volatile organic compounds (found in paints, furniture, cleaning products), cigarette smoke, poorly maintained gas appliances.

The most important way to reduce the impact of air pollution on your child's asthma to avoid the pollutant completely if possible.

- Stay indoors on high smog days, close windows and external doors
- Make sure you have a bush-fire plan if you live in a bushfire prone area
- Make sure your child's asthma is well controlled and that you and your child know what to do if their asthma gets worse
- Make sure your gas appliances are serviced regularly by a registered or licensed gasfitter and that there is adequate ventilation in rooms containing gas appliances
- Choose building items, furniture, paints and wood items that are certified to emit low levels of formaldehyde and volatile organic compounds.

For more information about air pollution and asthma, contact The Asthma Foundation of Victoria on 1800 ASTHMA (278 462) or visit www.asthma.org.au.

Relay for Life

Relay for Life is a fundraising event fun by the Anti-Cancer Council. This year the event will be held at Collendina Reserve, Ocean Grove on the 9th—10th November. For more information contact: www.relayforlife.org.au or Sally Peter at Wallington Primary School.

PENINSULA LITTLE ATHLETICS CLUB
Be your best with fun and fitness at
Little Athletics
COME AND SEE WHAT IT'S ALL ABOUT...
PENINSULA LITTLE ATHLETICS CLUB
SIGN UP DAY
Try out on the first day of Little Athletics
Saturday 12th October, 8.15am
John Landy Athletics Field, 5th Geelong
Our club is based near the start of the 100m track
Enquiries: Kim 0434 842 721 or Julia 0419 106 921
Peninsula Little Athletics Club Inc

You are invited to attend 'The Business of Parenting' Workshop

An introduction to the world-renowned parenting program Parent Effectiveness Program (PET)

Wed 16th Oct 2013 7-9pm
Ocean Grove Bowling Club

To Book a Place, call Lisa on 0412 329 085 or email lisa@parenttraining.com.au or Facebook: The Business of Parenting

Cost \$37 Bring a friend for free!
Hurry Limited Seats
www.parenttraining.com.au