

WALLINGTON P.S. NEWSLETTER

Principal: Leigh McLaren School Council Pres: James Watson



14th November 2013



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DIARY DATES



Thurs 7th, 14th, 21st Nov	Prep Orientation
Fri 15th November	Resources Committee Meeting
Wed 20th November	School Council Meeting
Thurs 28th November <i>(Pls note change of date)</i>	Hot Lunch
Fri 29th November	Pupil Free Day
Sat 30th November	P&F Bellarine Rail Trail bike ride/lunch in Queenscliff
Thurs 7th November	Strawberry Fair Meeting 
Fri 7th December	CRE Christmas Service (in the Hall)
Wed 11th December	Evening Christmas picnic (Santa in attendance)
Thurs 12th December	P&F evening meeting 6pm followed by dinner 7pm (venue TBC)
Fri 13th December	Working Bee (from 3.30 pm onwards)
Tues 17th December	Year 6 Graduation

PRINCIPAL NEWS

Punctuality

School commences at 9:00am each weekday. I have noticed a number of students arriving after the bell. I urge all parents to ensure that their child is at school on time each morning.

International research demonstrates a strong correlation between students' learning, longer-term life outcomes, attendance at school and appropriate participation in education programs.

It is crucial that children and students develop habits of regular attendance at an early age; even from the time they are enrolled in a pre-school setting.

Poor patterns of attendance place students at risk of not achieving their educational, social and psychological potential and are disadvantaged in the quality of choices they are able to make in later life situations.

School Council

Next school council will be on Wednesday 20 November at 3:45pm

Strawberry Fair Meeting

The next meeting of the Strawberry Fair Meeting will be on 21 November at 7:00pm.

New Prep parents

Today I had the pleasure of meeting with the new prep parents as part of the prep Orientation program that is being organised by Mrs King. This is an important part of the transition to school. Mrs King has also been out and about visiting the various kindergartens. Thanks to the "Parents and Friends" for providing morning tea.

The Department of Education and Early Childhood Development Website

The parent section of the website provides parents with information about schools and what resources are out there to support you and your child/ren through their schooling life.

Relay for Life

A big thank you to Sally Peter for her organization and leadership of "The Wallington Bunyips". The Wallington Bunyips were a relay team in last week-end's Relay for Life that was held at the Collendina Reserve in Ocean Grove. Wallington Primary School would sincerely like to thank everybody involved with the day and for all of the donations and support received by staff, and the Community.



SCHOOL NEWS

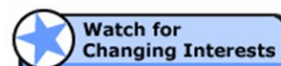
Wallington Primary Schools – Tour De Bellarine

This is a social event organised by the Parents and Friends Committee and is open to all families. A flyer has gone home outlining the day and how you can join in.

Keeping Kids Active

Anyone who's seen kids on a playground knows that most are naturally physically active and love to move around. But what might not be apparent is that climbing to the top of a slide or swinging from the monkey bars can help lead kids to a lifetime of being active.

As they get older, it can be a challenge for kids to get enough daily activity. Reasons include increasing demands of school, a feeling among some kids that they aren't good at sports, a lack of active role models, and busy working families.



Watch for Changing Interests

As time passes, your child may lose interest in old favorites, such as soccer. The trick is to help your child continue to be active, even if league play falls by the wayside. Staying active and keeping fit are the goals, so help find a replacement activity or activities that your child enjoys.

And even if kids have the time and the desire to be active, parents may not feel comfortable letting them freely roam the neighborhood as kids once did. So their opportunities might be limited.

Despite these barriers, parents can instill a love of activity and help kids fit it into their everyday routines. Doing so can establish healthy patterns that will last into adulthood.

Benefits of Being Active

When kids are active, their bodies can do the things they want and need them to do. Why? Because regular exercise provides these benefits: strong muscles and bones, weight control, decreased risk of developing type 2 diabetes, better sleep, a better outlook on life. Healthy, physically active kids also are more likely to be

academically motivated, alert, and successful. And physical competence builds self-esteem at every age.

http://kidshealth.org/parent/nutrition_center/staying_fit/active_kids.html



Last Week's

SUPER STUDENT OF THE WEEK AWARDS



PK King	MATISSE For showing great improvement in her reading and for being a very good helper in the classroom.
PK King	MALA For always trying her best in class and producing great work all the time.
12B Brislane	ELLIE For doing a fantastic persuasive writing piece on why she would like to be a princess.
12B Brislane	WILL For working really hard in buddy reading this week by listening for fluency.
12V Vaught	STELLA For always presenting interesting and informative news items.
12V Vaught	AUSTIN For being a reliable and trustworthy monitor.
12V Vaught	SEBBY For being a good friend.
34J Jones	ASHLUN For great class discussion this week.
34L Lennon	MITCHYL For great teamwork and co-operation out in the yard and in the classroom.
34L Lennon	BAYLEY For a consistently hardworking and teamwork approach to all facets of her learning.
5D Duckett	JACK For working hard to complete his reading box activities.
5D Duckett	PIPER For sensational camp projects including designing a camp program and creating wall art.
6M Marino	JULIAN For his ability to work independently on his camp activities this week.



P-3 SWIMMING PROGRAM IMPORTANT NOTICES

Notice 4

Swimming starts Monday. Students will be swimming between 12:30-1:15 or 1:15-2:00pm. The change in swimming time has been requested by BASC. It is fantastic to see such a positive response to this important program. Preps need to practise drying and dressing themselves as gaining independence is part of the program. Swim groups will take 10 minutes for instructors to move some students according to needs/abilities and changes will also occur for some students throughout the program according to their own progression. Qualified swim instructors will group students according to their needs and possibly group students with other grades. Due to the swimming program time table some students will be eating at a more suitable time.

Thanking you.

Mr Vaught and Miss Jones
Swimming coordinators

Media release

November 8, 2013



UNDERSTAND THE FIRE DANGER RATING

Being familiar with the Fire Danger Ratings and the recommended actions will help keep Victorians and visitors safe over the fire danger period.

A feature of weather forecasts, the Fire Danger Rating, indicates how dangerous a fire would be if one started. They can be found in newspapers, broadcast on radio, television and on websites.

Fire Danger Ratings are based on the weather conditions and the amount of dry vegetation.

A Code Red Fire Danger Rating is the highest rating and signals the worst conditions for a bush or grass fire. While Code Red days are very serious, they are also very rare with only two Code Red days since the Code Red rating was introduced four years ago.

It is important to remember that you are still at risk on days with a High, Very High, Severe and Extreme ratings. These days are much more common, so it is important to understand what they mean and what you will do when they are forecast.

Familiarise yourself with the Fire Danger Ratings and their recommended actions. They will help you to develop bushfire safety procedures and should be used as a prompt to take action. The higher the Fire Danger Rating, the more dangerous the conditions and the more considered your procedures should be. For more go to the CFA website www.cfa.vic.gov.au or call CFA Hamilton on 5551 1500.



Bellarine Secondary College **Second Hand Book & Uniform Sale** **Drysdale Campus** **Peninsula Drive Drysdale 3222** **Wednesday 4th December, 2013** **Rooms C1, C2, C3 and C4** **Drysdale Campus 4.30pm – 7.00pm**

Listed below are the procedures for the Bellarine Secondary College Parents & Friends

(P & F) Second Hand Book and Uniform Sale:

- Sales will be made using a number system - each person will be issued with a number on arrival at 4.00pm. Sales will then be made according to numbers E.g. first in will be numbers 1 - 20 etc - this system is designed to help make the evening run more smoothly.
- Please make an effort to attend as there is no guarantee that there will be second hand books or uniforms available at the commencement of Term 1, 2014.
- Please be aware that every year there are limited Year 7 texts available.

"Tour de Bellarine" Sat 30th November 2013
Please see notice attached to this week's newsletter.



Student Requisites and Library/Building Funds are now overdue. Parent statements have been sent home today. If you have any questions about your statement please contact the office. Please finalise your payments as soon as possible. Thank you.

FUND-RAISER FOR THE BARWON HEADS PRIMARY SCHOOL SUNDAY 8 DECEMBER REDUCED GREEN FEES ON ONE OF AUSTRALIA'S TOP 10 PUBLIC ACCESS COURSES.

FROM 1.00PM

Parents, locals and friends are invited to make a booking on the highly regarded main course at the discounted price of \$30pp (normally \$85) for 18 holes of golf. Bookings for a 1pm shotgun start are essential and places limited to 112 golfers. All proceeds will go to the primary school.

FROM 3.30PM

FREE PAR 3 GOLF AND TENNIS FOR CHILDREN

From 3.30pm, children (under parent supervision) are invited to use the par 3 course and tennis courts for free. (Please BYO balls, clubs and racquets.) To guarantee a place, book via the pro shop on 5255 6275.

FROM 5.00PM – 7.00PM

CLUBHOUSE GET- TOGETHER – FREE SAUSAGE SIZZLE

To coincide with the event on the main course finishing, the families of all golf, tennis and par 3 participants are invited to the balcony of the clubhouse for a free sausage sizzle. Adults must accompany children. Refreshments available for purchase.

Golf may be booked via the pro shop (opposite the clubhouse) either in person or by phone on 5255 6275. As a condition of play, golfers and adult visitors to the clubhouse are asked to respect the BHGC dress code. (Please see www.bhgc.com.au for more information.) Raffle prizes include an overnight accommodation package at the clubhouse for two including golf and all meals valued at \$490.

The Barwon Heads Golf Club. Golf Links Rd, Barwon Heads.

Children With Type 1 Diabetes - Are You Challenged by Your Child's Diabetes?

Research into parenting children with type 1 diabetes.

The University of Queensland is conducting research into parenting children with type 1 diabetes. Parenting a child with diabetes presents many challenges (everything from the regular blood glucose monitoring and insulin intake, to more general parenting tasks). The aim of this study is to understand the factors that make the management of childhood diabetes particularly difficult, and to use this information to develop strategies that might assist parents in managing their child's diabetes.

If you are a parent of a 2 to 10-year-old child with type 1 diabetes, we would love to hear from you!

By sharing your experiences (confidentially), you will be making a valuable contribution to the development of much-needed childhood diabetes management strategies for parents.

To complete the online survey, please log on to: <https://exp.psy.uq.edu.au/type1diabetes>

For further information about the project or to request a survey to be posted to you, please email Aditi Lohan (aditi.lohan@uqconnect.edu.au) or call (07 3365 7689) at the Parenting and Family Support Centre in the School of Psychology at the University of Queensland, St Lucia QLD 4072 (Fax: 07 3365 6724).

Thank you for your time and participation.

Aditi Lohan, Alina Morawska, and Amy Mitchell
UQ Parenting and Family Support Centre

Wallington Primary School takes no responsibility for and does not endorse the quality or conduct of any activity advertised in the Community Notices section of the newsletter. Customers are required to make their own enquiries and judgements.