This means consistent, high expectations of all students across all areas of schooling.

Outdoor Environment

Work has started on Wallington’s Sensory Garden, and we have had a terrific week watching the dramatic changes that have taken place in this space. Enormous thanks to Steve and Jane from Hurricane Landscaping for not only completing the excavation and construction work, but also providing entertainment to many students during recess and lunchbreaks. Thanks also to Mel Haslem for design and consultancy around the project, and Mr Vaught for driving the project from consultancy around the project, and departmental liaison. Thanks also to Mr Vaught for driving the project from consultancy around the project, and departmental liaison.

A reminder that we have placed a suggestion box in the foyer beside the box, and your input is greatly appreciated. We would like to hear from you to inform us of our area of greatest need, and encourage input from staff and families as to how we might best utilise monies raised from the 2017 Fair for ongoing school improvement. Slips for suggestions are located beside the box, and your input is greatly appreciated.

Spring and Asthma

Whilst many of us are enjoying the recent spring sunshine, some people with asthma might notice an increase in wheezing and asthma symptoms. This is because spring is a time when there is an increase of pollen in the air, which is a trigger for people with asthma. Hay fever is a common allergic condition that affects 8% of children and adolescents, particularly in springtime. Up to 80% of people with asthma also experience hay fever. If hay fever is poorly controlled then it can be more difficult to control your asthma. For a majority of people hay fever is due to pollen, which are tiny, dust-like particles given off by certain types of trees, grasses, weeds and flowers. Pollens are small enough to be airborne and penetrate indoors and out. Whether you are in the city or rural areas, here are some tips to prevent asthma and allergy in spring:

- Always carry appropriate medication with you in case you need it (ie: blue reliever puffer)
- Try to avoid going out on windy days or after thunderstorms
- Avoid activities in areas where grass is being mowed
- Keep windows closed at home and particularly when in the car, and use recirculated air in the car when pollen levels are high
- Avoid hanging washing outside on high pollen days. The pollen can stick to your clothes.

The Asthma Foundation of Victoria website asthma.org.au offers a pollen count during the peak allergy period of October to January. This forecast can be used to alert people with hay fever and people with asthma of the likelihood of being exposed to high levels of pollen, enabling them to take preventative measures in danger periods.

If you would like more information or would like to speak to an Asthma Advisor, please call 1800 645 130 or visit www.asthma.org.au or www.asthmafriendlyschools.org.au

Sun Smart

A reminder that all students are required to wear a wide brimmed hat when outdoors during school hours for the remainder of the school year. Students who do not have their hat are required to stay in the shade area outside the staff room during breaks, and will also need to sit in the shade during sporting sessions. We currently have Wallington hats for sale through the office at a cost of $10.00.

Strawberry Fair

A reminder that we have placed a suggestion box in the foyer area, and encourage input from staff and families as to how we might best utilise monies raised from the 2017 Fair for ongoing school improvement. Slips for suggestions are located beside the box, and your input is greatly appreciated.

Last day of term

The last day of this school term is next Friday September 16. Children will be dismissed from the hall immediately following assembly at 2:30pm on this day. This early dismissal is in line with Department of Education guidelines.

Reminders

Our students love to talk about their learning. Last day of term 3 is Friday September 16. Students dismissed at 2:30pm.
**PARENTS & FRIENDS**

**Next Meeting**
The next Parents and Friends meeting is on Thursday 15th September 9.15am at Elkhorn Roadhouse. We have Xavier Sheehan from the Bendigo Bank coming as well as a special health and well being speaker, Ann Lane – Reflexology. All welcome to come along for a casual coffee and chat to plan the rest of the year’s activities.

**Stay up to date**
Keep up to date with all the Parent and Friends upcoming events by joining our Facebook page. Search for “Wallington PS Parents and Friends” and request to join.

**SUSHI**
Please note that there will be NO SUSHI ORDERS on the last week of term 3 (Thu 15th Sep) and first week of term 4 (Thu 6th Oct).

**Program for 2.5 – 5 year olds**
Netball themed educational program focusing on gross and fine motor skills, cognitive function and social skills.

**VENUE:** Geelong Basketball Netball Centre
**DATE:** Tuesday 13th September
**TIME:** 11:30-11:45am
**REGISTER:** netballvic.com.au/net4kids
**COST:** Free

**Keep your face always toward the sunshine - and shadows will fall behind you.**
Walt Whitman

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**PORTARLINGTON CRICKET CLUB**

**Family Day**

**SATURDAY 17 SEPT 12PM - 4PM**
Portarlington Cricket Ground
Boat Rd, Portarlington

**Come and try Teeball or Baseball!!**

**Come and try Teeball!**
2 September 2016 at the Geelong Baseball Complex, Waurn Ponds
5 pm to 6 pm
For age group 5 to 10 years

**Come and try Baseball!**
16 September 2016 at the Geelong Baseball Complex, Waurn Ponds
10 am – 12 noon
For age group 9 to 14 years

For more information please contact
Andrew Barcley
Email: info@portarlingtoncricket.com.au
Mobile: 0404 404 306

For more information visit: www.portarlingtoncricket.com.au

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**OUR STUDENTS ENJOYING SOME SPRING SUNSHINE WHILE THEY WORK**

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