WALLINGTON P.S. NEWSLETTER

strawberry FAIR

1st May 2014

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DIARY DATES

Thur-Fri 1st –2nd May	Bunyip Camp P-2
Tues 6th May	Hot Chocolate Day
Wed 8th/Thu 9th May	Parents & Friends ~ Mothers Day Stall
Fri 9th May	Movie Night Fundraiser for Josh B
Tues 13th May	Well Being Show Incursion P-6
Fri 16th May	Working Bee
Wed 21st May	Education Week Open Day School Council Meeting
Fri 23rd May	Parents & Friends ~ Lunch at Van Loons
Thur 29th May	Hot Lunches

PRINCIPAL NEWS

It has been a busy week at school this week.

Get Well Soon Josh

One of our students – Josh Bouma is currently in the Royal Children's Hospital. Josh has been diagnosed with Aplastic Anaemia. This is where the bone marrow has actually stopped working. We do not know why, it may have been a virus but the doctors say that sometimes this happens out of the blue.

On behalf of the school community we have sent Josh our best wishes and presented him with some balloons. The school will be holding events throughout the year to sup-



port Josh in his recovery. We want to let the Bouma Family know that we are thinking of them and send our best wishes to Josh. The first, being a film night on the 9th May. A note will be going out advertising this event.

Equestrian

Congratulations to Bianca Lock for winning the (Show Jumping) "Grand Prix", and "Two Phase" sections, as well as being the winner over all last weekend. This event was held at the Geelong Grammar Equestrian Centre. Rohan Lock also competed on the day as well and rode well. This event is one of a series held during the year. Zara Adams Bailey also competes (although not at this event). It is a credit to these students and their parents. Well done.

Swimming

On Tuesday Kyle Mitchell competed in the State Swimming Championship in Melbourne. He participated in the Backstroke and the Freestyle and came fourth, beating his personal best in each race.



SCHOOL & COMMUNITY NOTICES

Mothers Day Stall 8-9 May 2014 Gifts between \$2 - \$4 will be available for sale on both days between 9.30 - 10.30 am and 3.00 - 3.30 pm. If any parents are able to help at the stall, please see Michelle Hughes or put your name on the list outside the Principal's office.



After a great Mother's Day gift? Look no further than our very own Bellarine Cuisine Cookbook,

as featured in The Age Epicure!! A gorgeous gift on its own or pair it with some food/wine/voucher or a lunch out from any of our sponsors.

Only \$30 – available from the office.

Our Heroes

We are making a display related to recent ANZAC studies. If anyone has a photo of a family member who served in any military force (any country, any era) and would like it to be included, please bring to school and I will make a photocopy. Many thanks.

Judie Macmillan

Year 5 Community Project

We are collecting cans and packets of winter foods (eg spaghetti, baked beans, cereals) for the Geelong Food Relief Centre. If you would like to contribute, please place item in the box near the office or bring to the Year 5 room. Thank you.



Judie Macmillan

EGGS FOR SALE

From our very own Wallington chooks! \$5 doz available from grade 3/4 classroom.

Cross Country Run

Congratulations to the grades 3-6 for an excellent running display at our cross country run. In perfect weather the races were run and won. The great sportsmanship was shown by the students cheering each other on. Thank you to the many parents who acted as officials for the morning. It is this support that allows us to run our events.

We have a large contingent of runners eligible to participate in the District Cross Country in Barwon Heads next Wednesday. Thanks to Lisa Lennon, Emily Duckett, Emily Jones and Jack Stevens for their organisation.

Certificates will be awarded at assembly on Friday.

SCHOOL & COMMUNITY NEWS

LEOPOLD SWITCHED ON SESSIONS

Barwon Health and Leopold Bendigo Community Bank, in conjunction with the Early Years Leopold Network proudly present

a FREE and PRACTICAL evening on

Supporting your child's Communication Skills in the Melaluka Building at Leopold Primary School.

Wednesday 14th May, 6.45 pm for a 7.00 pm start.

Refreshments available and child minding on request Target audience: Families with children 0-8 years

RSVP by 12/05/14 to Leopold PS, ph 52501233

Come along and listen to TAMARA BLAKE,

Speech Pathologist with Newcomb Barwon Health

Look for the red BENDIGO BANK BALLOONS on carpark gate.

Clothes - Helping kids in Need



ment, registered charity that empowers

disadvantaged children by supporting them in developing their self -esteem, health and well-being. CBTS offer weekly camp programs in a safe, enjoyable and relaxed seaside holiday environment, encouraging children to celebrate their own success and that of others.

Their Vision - That every child deserves a happy and a healthy life.

A group of local Mums and I are helping to collect some much needed goodies for the kids attending camp programs at Cottage by the Sea.

Many of the children attending camp at Cottage by the Sea are from disadvantaged backgrounds, and so come along with very few personal belongings. There is a real need for some t-shirts & jocks, particularly for boys aged 6-12 years.

And so we are asking the Wallington Primary school community to help by donating for the boys, new t-shirts or jocks in any size (between 6-12).

There is a donations box placed near the office. Any help would be much appreciated

Many thanks Kerri Wrench



SCHOOL & COMMUNITY NEWS

Coughs, Colds and Asthma

Coughs, colds and the flu are one of the most common triggers of asthma. The common cold is caused by an upper respiratory tract infection and is a common illness for children and adults in Australia. As we approach the colder months, here



are some tips to keep in mind to prevent and reduce the spread of coughs, colds and the flu:

- Avoid coughing and sneezing on or near others and wash your hands thoroughly to prevent the spread of disease.
- If your child is not feeling well, it is recommended that they stay home and rest, to reduce the spread of infections and to speed up their recovery process.
- Everyone should have the annual flu vaccination to ensure they are protected from this disease. You or your child may be eligible for the free flu vaccination. Details about who is eligible can be found here and can also be determined by your doctor.
- Prior to purchasing any medications or herbal and natural remedies', you should seek the advice of your doctor or pharmacist as some medications can react with asthma medications. Such as Aspirin, Ibuprofen/Naproxen (non-steroidal anti-inflammatory medications), Beta Blockers tablet and eye drops (used for high blood pressure and glaucoma), and ACE inhibitors (used to control blood pressure).

Stay warm this winter!

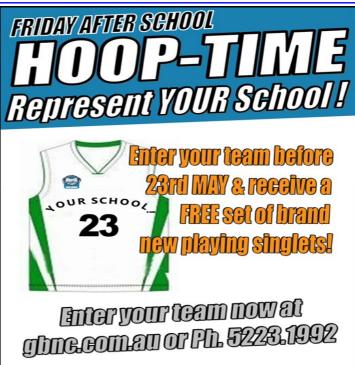
Parent and Carer Asthma Information Sessions

The Asthma Foundation of Victoria is funded by the Federal Department of Health to provide free asthma education sessions to groups of parents and carers. These sessions can take place at the school or at a location of your choice. The session runs for approximately one hour and covers:

Asthma triggers Signs and symptoms Asthma action plans Asthma medication Asthma First Aid

If you are interested in attending a parent and carer asthma information session, please contact The Asthma Foundation of Victoria to arrange a session on 1800-ASTHMA or sdoherty@asthma.org.au

For more information, please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au



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